SHELL SHOCK® FITNESS

PARKING PERMIT

215 Gothic Court Suite 106

Print out and place on your dashboard. This is for premier parking in any orange coned off area. As you enter, go right and straight ahead.

If asked just inform parking attendants you are here for Shell Shock® Fitness or hold up this pass for them to see.

Hopefully parking help is there to move the cones. Unfortunately, I have had to help myself on more than one occasion, they may be short handed. Certain weekends it can get very busy with the events and we hope this helps you navigate better. If you have any issues, please bring them to our attention. Thank you and we look forward to seeing you.

We also have smaller, windshield parking permits you can grab at the studio.